



Meditation Just For Kids

The School Program

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Who We Are

Learn more about the founders of DreamyKid

Two friends who met in their sons' pre-k class make up Chiron Media Group, the parent company to DreamyKid. Jenna Walter, co-creator of Hamptons YogaFest and wellness expert is head of operations and outreach. Ty Wenzel, a New York Times contributor, award-winning designer/programmer and marketing agency owner since 1998 is chief executive officer. Ty Wenzel built the app originally to combat childhood suicide but has broadened the scope to deal with all children's mental health topics while Jenna Walter heads outreach by implementing integral strategies and partnerships. She also leads the education department of the DreamyKid mission.

The DreamyKid meditation app and website has been used over 250,000 times with over 500 schools implementing the website's school program at www.dreamykid.com into the classroom globally. And growing.



Jenna Walter and Ty Wenzel

The DreamyKid School Program

2020 Has Shown Us That Mindfulness And Meditation Is Now More Necessary Than Ever Before

The statistics for the mental health crisis in children globally is in epidemic proportions. Covid-19 showed us that it could get worse. Between the isolation, abrupt changes in their lifestyles, schedules upended, and so much more, DreamyKid was used by hundreds of schools globally by requests from teachers, child therapists, principals, etc. DreamyKid has been offered to schools for five years and now is in 500 schools globally. The founders realized that it was time to offer the entire library to schools because of the amount of inquiries and requests. That is why we are introducing the DreamyKid School Program.

Pricing: \$32-\$47 / month with a 10 month commitment. Cost is dependent on the amount of teachers that will integrate DreamyKid into the classroom. There exists plans for under 10 months also.

The DreamyKid School Program is for use on the website at www.dreamykid.com.

- In over 500 schools globally since 2015
- Has the largest kids library (ages 3-17)
- Has the most diversified library including Everyday meditations, Affirmations, Healing Activities, Guided Journey, Issue-Based Meditations, Partnership Series, Sound Healing, Sleep Stories
- Video meditations are being introduced soon
- We offer video conferencing implementation and coaching for 30 days after sign-up
- We update our library every month with new programs
- Our issue-based meditations are vetted by a child therapist

The Science Of Mindfulness

And Why Your School Needs To Implement This Into Your Curriculum

DreamyKid is passionate about bringing mindfulness into the K-12 experience. We provide a foundation with the profoundly effective neuroscience of mindfulness and share simple yet powerful practices to bring meditation into our children's daily life. It is full of far-reaching benefits, and not limited to, managing anxiety and stress, building resiliency, navigating bullying, and giving an amazing tool in helping your educators support their students during this challenging time and beyond.

Our programs are diversified and added to monthly. We work with a child therapist and some of the biggest leaders in the mindfulness space like Mary Bromley, Bill Meyer, Taes from Big Heart Journey, Isabelle Fitzgerald of The Peaceful Universe and others. Your educators and students will learn how to be present in the moment here and now, pay attention to their thoughts and bodily sensations, and learn to co-exist with their external environment with empathy, non-judgment, and wonder.

Today's educators and students are dealing with so much. Our world is moving and changing faster than ever.

DreamyKid offers an outcome that addresses the overall mental health of learning environments and supports the well-being of every teacher and student.



Issues Facing Kids Today

The Mental Health Crisis For Children Is At Epidemic Proportions

Anxiety

1 in 3 adolescents meet criteria for an anxiety disorder by the age of 18.

Technology Fatigue

On average, U.S. teens spend 9 hours a day on digital entertainment, excluding school work. It has led to attention issues and cyber bullying - and it's just the tip of the iceberg.

Isolation

Nearly 40% of high schoolers report that they often feel lonely and left out.

Trauma

46% of American children have experienced at least one harmful or traumatic childhood occurrence.

Suicide

Suicide is the #2 killer of Americans from the ages of 15 - 25.

Source

As an added advantage, teachers are reaping the benefits of mindfulness themselves and are incorporating it into their own lives and families.



DreamyKid

Get Started Today!

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